









# SEPTEMBER WEST MILFORD TOWNSHIP

## 2018 Elementary Schools



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <div style="border: 1px solid green; padding: 5px; display: inline-block;"> <p>Selections on The Farm Stand are included with lunch. Choose ½ a cup of fruit and 1 cup of vegetable from a variety of options daily.</p> </div>				
<b>HAPPY LABOR DAY</b> 3	<b>Schools Closed</b> 4	<b>Schools Closed</b> 5	Baked Macaroni & Cheese with a Dinner Roll 6 <div style="border: 1px solid orange; padding: 2px; display: inline-block;"> <b>Weekly Alternate:</b> Cheeseburger on a Bun           </div>	Pizzeria Pizza 7
Popcorn Chicken with Dip & a Roll 10	<b>PATRIOT DAY</b> Pasta with Meatballs 11  	Wild Wing Wednesday Assorted Chicken Wings with a Roll 12 <div style="border: 1px solid orange; padding: 2px; display: inline-block;"> <b>Weekly Alternate:</b> All-Beef Hot Dog on a Bun           </div>	French Toast Sticks with an Egg Patty 13	Pizzeria Pizza 14
Chicken Patty with Bacon on a Bun & Oven Fries 17 <div style="border: 1px solid orange; padding: 2px; display: inline-block;"> <b>Weekly Alternate:</b> BBQ Rib on a Bun           </div>	Baked Mozzarella Sticks with Marinara Sauce 18	<b>Yom Kippur Schools Closed</b> 19	The Chicken Bowl - Mashed Potatoes topped with Gravy, Corn & Crispy Chicken with a Roll 20	Pizzeria Pizza 21
Baked Chicken Nuggets with a Dinner Roll & Sweet Potato Fries 24	Soft or Crunchy Tacos with Seasoned Taco Meat, Cheese, Lettuce, Tomatoes & Brown Rice 25 <div style="border: 1px solid orange; padding: 2px; display: inline-block;"> <b>Weekly Alternate:</b> Cheesesteak on a Bun           </div>	Pasta with Meatballs 26	French Toast Sticks with an Egg Patty 27 <div style="background-color: yellow; padding: 5px; text-align: center;"> <b>Jersey Fresh Farm to School Week</b> </div>	Pizzeria Pizza 28
				

### ALSO AVAILABLE DAILY

#### SALAD LUNCH (each salad includes Sliced French Bread)

Chef's Salad: Tossed Greens with Turkey, Ham & Cheese  
 Chicken Caesar Salad: Tossed Greens with Sliced Chicken & Caesar Dressing

#### BAGEL MEAL

Bagel with Cream Cheese, Low-Fat Cheese Sticks & a Trip to The Farm Stand

#### YOGURT LUNCH

4 oz. Yogurt, Cheese Stick, Pretzels, Sliced Bread & a Trip to The Farm Stand

#### DELI SANDWICH

Week 1: Turkey & Cheese on a Wrap with Lettuce & Tomato  
 Week 2: Italian Mini Hero with Ham, Salami, Provolone Cheese, Lettuce & Tomato  
 Week 3: Ham & Cheese on a Kaiser Roll with Lettuce & Tomato  
 Week 4: Turkey Breast on a Kaiser Roll with Lettuce & Tomato

#### A Complete Lunch Includes:

Entrée (with Protein/Grain)

**Trip to The Farm Stand**

Milk Choice: 1% White, Skim, or Non-Fat Chocolate

**Menu Subject to Change**

Your comments are important to us. Please e-mail us at [comments@pomptonian.com](mailto:comments@pomptonian.com)



At least 50% of All Grains served w/ your meal are Whole Grain Rich

"This institution is an equal opportunity provider."