MARCH 2020

WEST MILFORD TOWNSHIP

Elementary School Breakfast

POMPTONIAN FOOD SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Egg & Cheese Sandwich Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk	3 French Toast Sticks with Syrup Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk	4 Sausage & Egg Sandwich Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk	5 Breakfast Wrap with Egg & Cheese Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk	6 Pancakes with Syrup Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk
National School Breakfast Week - School Breakfast: Out of this World				
9 Ham & Egg Sandwich on a Bun Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk	10 French Toast Sticks with Syrup & Bacon Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk	11 Waffles with Syrup Sausage Links Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk	12 Sausage & Egg Sandwich on a Bun Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk	13 Pancakes with Syrup Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk
16 Sausage & Egg Sandwich Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk	17 Ham & Egg on a Bun Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk	18 Waffles with Syrup Sausage Links Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk	19 Egg & Cheese Sandwich Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk	20 Pancakes with Syrup Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk *SPRING BEGINS*
23 Egg & Cheese Sandwich Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk	24 Ham & Egg Sandwich Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk	25 French Toast Sticks with Syrup Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk	26 Breakfast Wrap with Egg & Cheese Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk	27 Egg & Cheese on a Bun Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk
30 Sausage & Egg Sandwich Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk	31 French Toast Sticks with Syrup Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk	"This institution is an equal opportunity provider."		

Alternate Breakfast Available Daily:

Bowl of Cereal with a Slice of Bread with Jelly, Fresh or Cupped Fruit/100% Pure Fruit Juice* & Choice of Milk

*2 - 1/2 cup servings of Fresh and/or Cupped Fruit
or 1/2 cup 100% Juice and 1/2 cup Fresh or Cupped Fruit

Choice of Milk offered with Breakfast: 1% Low-Fat, Non-Fat Chocolate, Skim

At least 50% of All Grains served w/ your meal are Whole Grain Rich

March is National Nutrition Month