


West Milford Middle School
March 2002
Week of 03/02 - 03/06



Monday 03/02

Bacon Cheeseburger with Lettuce Tomato on a Bun
Popcorn Chicken with a Dinner Roll

Tuesday 03/03

Cheese Quesadilla with Salsa
Chicken Fajita Wrap 

Wednesday 03/04

Nachos with Seasoned Taco Meat, Brown Rice, Cheese and Salsa
Egg and Cheese on a Bagel

Thursday 03/05

Chicken Parmesan with Pasta and Sliced French Bread
Meatball Parmesan Hero

Friday 03/06

Chicken Nuggets with a Dinner Roll
Mozzarella Sticks with Marinara Sauce and a Dinner Roll

Available Daily:


 **Look for Healthier Choices**

Each complete lunch includes: Choice of Entrée with Protein/Grain, a trip to **The Farm Stand** (students must select at least a serving of fruit or vegetable), and Choice of Milk

Deli Central

Made-to-Order or Sandwiches
Weekly Sandwich Special

FRESH FARMISTAND

Salad Bar & Assorted Grab-and-Go 
Salads, including Weekly Salad Specials
offered with a Roll

AMERICAN GRILLE

Chicken Patty on a Bun
Burgers on Buns
Cheesesteak Hero
Assorted Pizzas

SNACK SHACK

Featuring an assortment of popular and healthier snack and beverage options



Fruits & vegetables from The Farm Stand are included with lunch.



At least 50% of All Grains served w/ your meal are Whole Grain Rich

"This institution is an equal opportunity provider."

Your comments are important to us. Please email us at comments@pomptonian.com

FOOD ALLERGIES

Allergy Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at www.pomptonian.com.

West Milford Middle School

March 2020

Week of 03/09 - 03/13



Monday 03/09

Fried Chicken with Mashed Potatoes and a Dinner Roll
Pizza Crunchers with Marinara Sauce

Tuesday 03/10

Soft or Crunchy Tacos with Seasoned Taco Meat, Brown Rice, Cheese and Salsa
Chicken Fajita Wrap 

Wednesday 03/11

Wild Wing Wednesday - Assorted Chicken Wings with a Dinner Roll
Taylor Ham, Egg and Cheese on a Bagel

Thursday 03/12

Chicken Quesadilla with Salsa
All-Beef Hot Dog on a Bun

Friday 03/13

Macaroni and Cheese with a Dinner Roll
Breaded Fish Filet on a Bun with Lettuce, Tomato and Tartar Sauce

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Central*

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GRILLE**

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Burgers on Buns
Cheesesteak Hero
Assorted Pizzas

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West Milford Middle School
March 2020
Week of 03/16 - 03/20



Monday 03/16

Popcorn Chicken with a Dinner Roll
Bacon Cheeseburger with Lettuce Tomato on a Bun

Tuesday 03/17

Soft or Crunchy Tacos with Seasoned Taco Meat, Brown Rice, Cheese and Salsa
Grilled Cheese Sandwich

Wednesday 03/18

Pizza Crunchers with Marinara Sauce
Cheese Quesadilla with Salsa

Thursday 03/19

Chicken Parmesan with Pasta and Sliced French Bread
Meatball Parmesan Hero

Friday 03/20

French Toast Sticks with Sausage and Potato Nuggets
Breaded Fish Filet on a Bun with Lettuce, Tomato and Tartar Sauce

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**AMERICAN
GRILLE**

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Burgers on Buns
Cheesesteak Hero
Assorted Pizzas

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West Milford Middle School
March 2020
Week of 03/23 - 03/27



Monday 03/23

Fried Chicken with Mashed Potatoes and a Dinner Roll
Chicken Nuggets with a Dinner Roll

Tuesday 03/24

Mozzarella Sticks with Marinara Sauce and a Dinner Roll
Sausage, Egg and Cheese on a Bun

Wednesday 03/25

Pasta with Meatballs and Sliced French Bread
Meatball Parmesan Hero

Thursday 03/26

Pizza Crunchers with Marinara Sauce
Chicken Tenders with a Dinner Roll

Friday 03/27

Chicken Quesadilla with Salsa
Breaded Fish Filet on a Bun with Lettuce, Tomato and Tartar Sauce

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Weekly Sandwich Special

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Burgers on Buns
Cheesesteak Hero
Assorted Pizzas

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West Milford Middle School
March 2020
Week of 03/30 - 04/03



Monday 03/30

Popcorn Chicken with a Dinner Roll
Ravioli with Marinara Sauce and Sliced French Bread




Tuesday 03/31

Soft or Crunchy Tacos with Seasoned Taco Meat, Cheese, Brown Rice and Salsa
Chicken Fajita Wrap 

Wednesday 04/01

Pasta with Meatballs and Garlic Bread
Meatball Hero Parmesan

Thursday 04/02

Chicken Quesadilla with Salsa 
Baked Macaroni and Cheese with a Dinner Roll

Friday 04/03

The Sampler – Baked Mozzarella Sticks and Chicken Nuggets
Breaded Fish Filet on a Bun with Lettuce, Tomato and Tartar Sauce

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Burgers on Buns
Cheesesteak Hero
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