





West Milford Middle School



2019-20 Breakfast Menu

POMPTONIAN
FOOD SERVICE

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|---|---|
| 2 | 3 | 4 | 5 Bacon, Egg & Cheese Sandwich Fresh Fruit 100% Pure Fruit Juice* Choice of Milk | 6 Egg & Cheese on a Whole Wheat Bun Fresh Fruit 100% Pure Fruit Juice* Choice of Milk |
| 9 Ham, Egg & Cheese on a Bun Fresh Fruit 100% Pure Fruit Juice* Choice of Milk | 10 Waffles with Syrup Sausage Links Fresh Fruit 100% Pure Fruit Juice* Choice of Milk  | 11 Bacon, Egg & Cheese on a Bun Fresh Fruit/ 100% Pure Fruit Juice* Choice of Milk  | 12 French Toast Sticks with Syrup Fresh Fruit/ 100% Pure Fruit Juice* Choice of Milk | 13 Pancakes with Syrup Sausage Patty Fresh Fruit/ 100% Pure Fruit Juice* Choice of Milk |
| 16 Egg & Cheese Sandwich on Whole Wheat Bread Fresh Fruit/ 100% Pure Fruit Juice* Choice of Milk | 17 Pork Roll, Egg & Cheese Sandwich Fresh Fruit/ 100% Pure Fruit Juice* Choice of Milk | 18 French Toast Sticks with Syrup Fresh Fruit/ 100% Pure Fruit Juice* Choice of Milk | 19 Egg & Cheese in a Wrap Fresh Fruit/ 100% Pure Fruit Juice* Choice of Milk | 20 Sausage, Egg & Cheese in a Wrap Fresh Fruit/ 100% Pure Fruit Juice* Choice of Milk |
| 23 Bacon & Egg on a Whole Wheat Bun Fresh Fruit/ 100% Pure Fruit Juice* Choice of Milk | 24 Pancakes with Syrup Sausage Patty Fruit/ 100% Pure Fruit Juice* Choice of Milk | 25 Egg & Cheese in a Wrap Fruit/ 100% Pure Fruit Juice* Choice of Milk | 26 French Toast Sticks with Syrup Fresh Fruit/ 100% Pure Fruit Juice* Choice of Milk | 27 Ham, Egg & Cheese on a Bun Fresh Fruit/ 100% Pure Fruit Juice* Choice of Milk |
| 30 Bacon & Egg on a Whole Wheat Bun Fresh Fruit/ 100% Pure Fruit Juice* Choice of Milk | | | | |

Alternate Breakfast available daily:

Bowl of Cereal with Bread & Jelly, Pure Fruit Juice & Choice of Milk
 Bagel with choice of cream cheese or butter 100% pure fruit juice & choice of Milk
 Choice of Milk offered with Breakfast: Non-Fat White, Chocolate & Strawberry

*2 - ½ cup servings of Fresh &/or Cupped Fruit
 or ½ cup 100% Juice & ½ cup Fresh or Cupped Fruit



At least 50% of All Grains served w/ your meal are Whole Grain Rich

"This institution is an equal opportunity provider."

